

Motsi Mabuse captivates on the AIDA dance floor

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An exhilarating dance-filled cruise on board AIDAluna from New York to the Dominican Republic came to an end on November 5 with some spectacular show numbers. This 14-day cruise saw the "Let's Dance" stars Motsi Mabuse and Christian Polanc stirring up the guests' happy hormones under the motto of "AIDA dances." Studies show: When we dance, the repeated energetic movements release the happiness hormone, serotonin, is creating a good mood and reducing stress hormones. Reason enough for the cruise guests to allow themselves to be "infected" by this celebrity dance duo. The couple captivated guests with ravishing show dances, and invited them to join in. The cruise offered the right dance workshop for all tastes – whether salsa, bachata or the slow waltz. According to Motsi Mabuse, fun and passion are enough to make people feel happy on the dance floor. As soon as she is in her element and starts teaching, "I feel at home, no matter where in the world I am." At the glamorous gala evening which formed the grand finale of the cruise, everybody – dance professionals and beginners alike – avidly took to the dance floor.

Those who would like to take part in one of these extraordinary cruises and experience celebrity dancers up close can choose from many different offers. These include the upcoming "AIDA dances" cruise on board AIDAstella from Palma de Mallorca to Dubai in the 2017/2018 winter season. This cruise can be booked for as little as 1,620 euros per person.

Find out more about this cruise and all other offers in the AIDA+ program at www.aida.de/aidaplus. Cruises can be booked at travel agencies, at www.aida.de or at the AIDA Customer Center at +49 (0) 381 / 20 27 07 07.

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Issuer: AIDA Cruises Am Strande 3d I 18055 Rostock Tel.: +49 (0) 381 / 444-0 Fax: +49 (0) 381 / 444-88 88 www.aida.de

Communication: Hansjörg Kunze Vice President Communication & Sustainability Tel.: +49 (0) 381 / 444-80 20 Fax: +49 (0) 381 / 444-80 25 presse@aida.de