



## That's what AIDA prima tastes like: The new AIDA cookbook takes readers on a culinary voyage

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Calling all AIDA fans, gourmets, and hobby chefs! The latest AIDA cookbook “Rezepte und Meer” (“Recipes at Sea”) appeared on December 1. The fifth addition to the award-winning AIDA cookbook series takes gourmets on a culinary voyage of discovery on board AIDA prima. With 168 pages, the cookbook contains 61 food and 13 cocktail recipes that give readers a tempting taste of the many specialty restaurants and bars awaiting guests on board the new AIDA flagship starting in spring 2016.

AIDA head chefs Frank Meissner and Günther Kroack share tips for preparing culinary delicacies from all over the world and traditional dishes from AIDA prima’s travel route: Western Europe. The chefs made sure to select ingredients that can be purchased in Germany and recipes that are easy to prepare at home. Along with step-by-step directions, readers receive valuable shopping tips and suggestions for serving in style.

At **Ristorante Casa Nova**, lovers of Italian cuisine can enjoy sumptuous Venetian specialties such as beef shoulder braised in milk. In the brasserie **French Kiss**, French cuisine classics await guests. Those with a sweet tooth will also find macarons, tarts, and the finest truffles on board AIDA prima. Readers can bring this enjoyment home as they whip up a chocolate soufflé with black currant sauce, or a batch of basil truffles. “**Scharfe Ecke**” (Spicy Corner) offers up the best currywurst on the seven seas, while gourmet restaurant **Rossini** serves exquisite haute cuisine. With dishes like “beef in an herb garden,” or “variations of fjord trout,” even hobby chefs can impress the most discerning tastes. The **East Restaurant** combines the best of Asian cuisine with wok dishes, sushi, and specialties from the teppanyaki grill that can be easily prepared at home. The new AIDA cookbook also contains culinary classics from our European neighbors, such as Dutch bitterballen, savory meatballs, or the famous Italian dessert zuppa inglese. Champagne cocktails and trendy creations like Gin Atomic, Mademoiselle AIDA, or Zacapa Old Fashioned are the perfect accompaniment for dinner and lend that vacation feeling.

The new AIDA cookbook “Rezepte und Meer” was published by Bielefelder Verlag Delius Klasing and is available in all onboard shops on AIDA ships, in the AIDA online shop at [www.aida-onlineshop.de](http://www.aida-onlineshop.de), and at bookstores (ISBN: 978-3-667-10276-8) for the price of 22.90 euros. More information at [www.aida.de](http://www.aida.de)

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